

## **SENIOR FARMERS MARKET NUTRITION PROGRAM**

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The purpose of the Senior Farmers' Market Nutrition Program is to promote the routine consumption of fresh fruits and vegetables as a part of the daily diet. Senior Farmers' Market Checks are distributed at local senior facilities through the cooperation of the Illinois Department on Aging, Area Agencies on Aging and Catholic Charities of the Archdiocese of Chicago. These checks can be redeemed for fresh fruits and vegetables at local farmers' markets in (36) counties. Nutrition education materials, including recipes, are also distributed. The Senior Farmers Market Nutrition Program season begins July 10<sup>th</sup> and ends October 31<sup>st</sup>.

### **Participating Counties**

#### **AREA 01**

#### **Northwestern Illinois Area Agency on Aging**

(Serving Counties: Boone, Lee)

Grant Nyhammer, Executive Director & General Counsel

1111 South Alpine Road, Suite 600

Rockford, IL 61108

815/226-4901; FAX: 815/226-8984;

1-800-542-8402 (nine county area ONLY)

Web: [www.nwilaaa.org](http://www.nwilaaa.org)

E-Mail: [gnyhammer@nwilaaa.org](mailto:gnyhammer@nwilaaa.org)

#### **AREA 02**

#### **Northeastern Illinois Area Agency on Aging**

(Serving Counties: Kankakee, Kendall, Lake, McHenry)

Marla Fronczak, Executive Director

Kankakee Community College

River Road, West Campus - Building 5

Kankakee, IL 60901

815/939-0727; FAX: 815/939-0022

1-800-528-2000 (calls will be directed to proper source)

E-mail: [mfronczak@ageguide.org](mailto:mfronczak@ageguide.org)

Field Office:

245 West Roosevelt Road, Building No. 6, Suites 41-43

West Chicago, IL 60185

630/293-5990; FAX: 630/293-7488

Web: [www.ageguide.org](http://www.ageguide.org) E-Mail: [info@ageguide.org](mailto:info@ageguide.org)

AREA 03

**Western Illinois Area Agency on Aging**

(Serving Counties: Bureau, Knox, McDonough, Mercer, Rock Island)

Barbara E. Skildsen, Executive Director

729 - 34th Avenue

Rock Island, IL 61201-5950

309/793-6800; FAX: 309/793-6807;

1-800-322-1051 (I & A)

Web: [www.wiaaa.org](http://www.wiaaa.org) E-Mail: [beskildsen@wiaaa.org](mailto:beskildsen@wiaaa.org) or

[FirstStopForSeniors@wiaaa.org](mailto:FirstStopForSeniors@wiaaa.org)

AREA 04

**Central Illinois Agency on Aging, Inc.**

(Serving Counties: Peoria, Tazewell)

Keith Rider, President & CEO

700 Hamilton Boulevard

Peoria, IL 61603-3617

309/674-2071; FAX: 309/674-3639;

1-877-777-2422; 309/674-1831 (TTY)

Web: [www.ciaoa.net](http://www.ciaoa.net) E-Mail: [krider@ciaoa.net](mailto:krider@ciaoa.net)

AREA 05

**East Central Illinois Area Agency on Aging, Inc.**

(Serving Counties: Champaign, Coles, Edgar, Macon, McLean, Moultrie  
Vermilion)

Susan Real, Executive Director

1003 Maple Hill Road

Bloomington, IL 61704-9327

309/829-2065; FAX: 309/829-6021;

1-800-888-4456 (I & A) (sixteen county area ONLY)

Web: [www.eciaaa.org](http://www.eciaaa.org) E-Mail: [sreal@eciaaa.org](mailto:sreal@eciaaa.org)

AREA 06

**West Central Illinois Area Agency on Aging**

(Serving Counties: Adams)

Michael Drew, Director  
639 York Street, Room 204  
Quincy, IL 62301  
217/223-7904; FAX: 217/222-1220;  
1-800-252-9027 (I & A) (Voice & TTY)  
Web: [www.wciagingnetwork.org](http://www.wciagingnetwork.org)  
E-Mail: [michael.drew@wciagingnetwork.org](mailto:michael.drew@wciagingnetwork.org)

AREA 07

**Area Agency on Aging for Lincolnland, Inc.**

(Serving Counties: Jersey, Logan, Morgan, Sangamon)

Carolyn Austin, Executive Director  
3100 Montvale Drive  
Springfield, IL 62704-4278  
217/787-9234 (Voice & TTY); FAX: 217/787-6290;  
1-800-252-2918 (I & A) (217, 309 & 618 area codes ONLY)  
Web: [www.aginglinc.org](http://www.aginglinc.org) E-Mail: [caustin@aginglinc.org](mailto:caustin@aginglinc.org)

AREA 08

**AgeSmart Community Resources**

(Serving Counties: Madison, St. Clair, Washington)

Joy Paeth, Chief Executive Officer  
801 W State St  
O'Fallon, IL 62269  
618/222-2561; FAX: 618/222-2567  
Web: [www.agesmart.org](http://www.agesmart.org) E-Mail: [jpaeth@agesmart.org](mailto:jpaeth@agesmart.org)

AREA 09

**Midland Area Agency on Aging**

(Serving Counties: Jefferson, Marion)

Tracy Barczewski, Executive Director

434 South Poplar

Centralia, IL 62801-1420

618/532-1853; FAX: 618/532-5259;

1-877-532-1853

Web: [www.midlandaaa.org](http://www.midlandaaa.org) E-Mail: [tracy@midlandaaa.org](mailto:tracy@midlandaaa.org)

AREA 11

**Egyptian Area Agency on Aging, Inc.**

(Serving Counties: Franklin, Jackson, Perry, Union, Williamson)

John M. Smith, Executive Director

200 East Plaza Drive

Carterville, IL 62918-1982

618/985-8311; FAX: 618/985-8315;

1-888-895-3306

Web: [www.egyptianaaa.org](http://www.egyptianaaa.org) E-Mail: [egyptianaaa@egyptianaaa.org](mailto:egyptianaaa@egyptianaaa.org)

AREA 13

**AgeOptions, Inc.**

(Serving Counties: Suburban Cook County)

Diane Slezak, President & CEO

1048 Lake Street, Suite 300

Oak Park, IL 60301

708/383-0258; FAX: 708/524-0870; 708/524-1653 (TTY);

1-800-699-9043 (Suburban Cook County area ONLY)

Web: [www.ageoptions.org](http://www.ageoptions.org) E-Mail: [diane.slezak@ageoptions.org](mailto:diane.slezak@ageoptions.org)