The purpose of the Senior Farmers’ Market Nutrition Program is to promote the routine consumption of fresh fruits and vegetables as a part of the daily diet. Senior Farmers’ Market Checks are distributed at local senior facilities through the cooperation of the Illinois Department on Aging, Area Agencies on Aging and Catholic Charities of the Archdiocese of Chicago. These checks can be redeemed for fresh fruits and vegetables at local farmers’ markets in (36) counties. Nutrition education materials, including recipes, are also distributed. The Senior Farmers Market Nutrition Program season begins July 10th and ends October 31st.

**Participating Counties**

**AREA 01**  
**Northwestern Illinois Area Agency on Aging**  
(Serving Counties: Boone, Lee)

Grant Nyhammer, Executive Director & General Counsel  
1111 South Alpine Road, Suite 600  
Rockford, IL 61108  
815/226-4901; FAX: 815/226-8984;  
1-800-542-8402 (nine county area ONLY)  
Web: [www.nwilaaa.org](http://www.nwilaaa.org)  
E-Mail: gnyhammer@nwilaaa.org

**AREA 02**  
**AgeGuide** (formerly Northeastern Illinois Area Agency on Aging)  
(Serving Counties: Kankakee, Kendall, Lake, McHenry)

Marla Fronczak, Executive Director  
Mailing Address:  
P.O. Box 809  
Kankakee, IL 60901-0809

Kankakee Community College  
River Road, West Campus - Building 5  
Kankakee, IL 60901  
815/939-0727; FAX: 815/939-0022  
1-800-528-2000 (calls will be directed to proper source)  
E-mail: mfronczak@ageguide.org

Field Office:  
1910 S Highland Ave., Suite 100  
Lombard, IL 60148  
630/293-5990; FAX: 630/293-7488  
Web: [www.ageguide.org](http://www.ageguide.org)  
E-Mail: info@ageguide.org
AREA 03
**Western Illinois Area Agency on Aging**  
(Serving Counties: Bureau, Knox, McDonough, Mercer, Rock Island)

Barbara E. Skildsen, Executive Director  
729 - 34th Avenue  
Rock Island, IL 61201-5950  
309/793-6800; FAX: 309/793-6807;  
1-800-322-1051 (I & A)  
Web: [www.wiaaa.org](http://www.wiaaa.org)  
E-Mail: beskildsen@wiaaa.org or FirstStopForSeniors@wiaaa.org

AREA 04
**Central Illinois Agency on Aging, Inc.**  
(Serving Counties: Peoria, Tazewell)

Keith Rider, President & CEO  
700 Hamilton Boulevard  
Peoria, IL 61603-3617  
309/674-2071; FAX: 309/674-3639;  
1-877-777-2422; 309/674-1831 (TTY)  
Web: [www.ciaoa.net](http://www.ciaoa.net)  
E-Mail: krider@ciaoa.net

AREA 05
**East Central Illinois Area Agency on Aging, Inc.**  
(Serving Counties: Champaign, Coles, Edgar, Macon, McLean, Moultrie Vermilion)

Susan C. Real, Executive  
Director 1003 Maple Hill Road  
Bloomington, IL 61704-9327  
309/829-2065; FAX: 309/829-6021;  
1-800-888-4456 (I & A) (sixteen county area ONLY)  
Web: [www.eciaaa.org](http://www.eciaaa.org)  
E-Mail: sreal@eciaaa.org

AREA 06
**West Central Illinois Area Agency on Aging**  
(Serving Counties: Adams)

Michael Drew, Director  
639 York Street, Room 204  
Quincy, IL 62301  
217/223-7904; FAX: 217/222-1220;  
1-800-252-9027 (I & A) (Voice & TTY)  
Web: [www.wciagingnetwork.org](http://www.wciagingnetwork.org)  
E-Mail: michael.drew@wciagingnetwork.org
AREA 07
Area Agency on Aging for Lincolnland, Inc.
(Serving Counties: Jersey, Logan, Morgan, Sangamon)

Carolyn Austin, Executive Director
3100 Montvale Drive
Springfield, IL 62704-4278
217/787-9234 (Voice & TTY); FAX: 217/787-6290;
1-800-252-2918 (I & A) (217, 309 & 618 area codes ONLY)
Web: www.aginglinc.org E-Mail: caustin@aginglinc.org

AREA 08
AgeSmart Community Resources
(Serving Counties: Madison, St. Clair, Washington)

Joy Paeth, Chief Executive Officer
801 W State St
O'Fallon, IL 62269
618/222-2561; FAX: 618/222-2567
Web: www.agesmart.org E-Mail: jpaeth@agesmart.org

AREA 09
Midland Area Agency on Aging
(Serving Counties: Jefferson, Marion)

Tracy Barczewski, Executive Director
434 South Poplar
Centralia, IL 62801-1420
618/532-1853; FAX: 618/532-5259;
1-877-532-1853
Web: www.midlandaaa.org E-Mail: tracy@midlandaaa.org

AREA 11
Egyptian Area Agency on Aging, Inc.
(Serving Counties: Franklin, Jackson, Perry, Union, Williamson)

Becky Salazar, Executive Director
200 East Plaza Drive
Carterville, IL 62918-1982
618/985-8311; FAX: 618/985-8315;
1-888-895-3306
Web: www.egyptianaaa.org E-Mail: becky.salazar@egyptianaaa.org
AREA 13
AgeOptions, Inc.
(Serving Counties: Suburban Cook County)

Diane Slezak, President & CEO
1048 Lake Street, Suite 300
Oak Park, IL  60301
708/383-0258; FAX: 708/524-0870; 708/524-1653 (TTY);
1-800-699-9043 (Suburban Cook County area ONLY)
Web: www.ageoptions.org  E-Mail: diane.slezak@ageoptions.org