



Adults 65 and older can receive high-dose vaccine, which is 24% more effective in preventing flu in adults 65 years and older compared to the standard-dose vaccine.

Getting a flu vaccine during the 2020-2021 flu season is more important than ever! You will be protecting yourself, your family and the people around you from the flu. Encourage every member of your household to get vaccinated.

Older adults and persons with disabilities have an increased risk for experiencing complications from the flu, and are reported to be at higher risk for contracting COVID -19. Getting the flu vaccine this season can help reduce the burden on our healthcare systems responding to the COVID-19 pandemic.

Contact your local health department to ask about flu vaccination in your area:

<http://www.idph.state.il.us/LHDMap/HealthRegions.aspx>

Vaccine Finder: <https://vaccinefinder.org/find-vaccine>

Questions: 2020-2021 Season:

<https://www.cdc.gov/flu/season/faq-flu-season-2020-2021.htm>

Illinois Department of Public Health Influenza (Flu) site:

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/influenza>