

Upcoming Webinar

The Loss of Normalcy: Coping with Grief and Uncertainty During COVID-19

Join us on April 22, 2020 to discuss tips for helping yourself and others understand grief and how to positively move forward during these uncertain times.

The COVID-19 pandemic has upended our lives in extraordinary ways, including the loss of routines, the stress of social distance, health and job concerns, and mandatory quarantines throughout the United States. Attend this webinar, brought to you by Magellan Healthcare, to hear Dr. Varun Choudhary, Magellan Healthcare's Chief Medical Officer, and Dr. Caroline Carney, Magellan Rx's Chief Medical Officer, share insights on why people are experiencing fear and grief, how to cope with different types of grief, and how to help yourself and others through this difficult time.

Date: Wednesday, April 22, 2020

Time: 1:00 p.m. – 2:00 p.m. Eastern

Register here: www.magellanhealthcare.com/covid-19-2/covid-19/webinars/

Topic areas:

- Identify the different types of grief and loss
- Learn strategies for managing grief and supporting others
- Recognize when professional help may be needed
- Q&A

Speakers:



Dr. Varun Choudhary
Chief Medical Officer
Behavioral Health
Magellan Healthcare



Dr. Caroline Carney
Chief Medical Officer
Magellan Rx Management
Magellan Health

Space is limited – register today!*

*Attendance is limited to 3,000 spots. Please log in early on the day of the event. If you can't make it for the live webinar, visit the Magellan COVID-19 webinars page, where we will post the recording:

www.magellanhealthcare.com/covid-19-2/covid-19/webinars/.