



## DCFS Office of Education and Transition Services

# Life Skills Program

The Life Skills Program is designed to enhance youth independent living skills while promoting economic and social self-sufficiency. Caseworkers utilize the Casey Life Skills Assessment to establish an individual base line for the life skills needs of each youth. Individualized transition plans, goals and timelines are developed to include youth, caregiver and caseworker involvement. Life skills training can consist of group and/or individual instructions, and may include hands-on training. Youth will receive a \$150 stipend for completing the entire life skills course.

- DCFS must have a legal relationship with the youth.
- Youth must be ages 14 through 20.
- Youth must reside in substitute care where placement includes, but is not limited to, situations such as Foster Home Private (FHP), Home of Relative (HMR), Foster Home Adoptive (FHA), Foster Home Boarding (FHB), or Youth in College (YIC), etc.

### Referral Process:

DCFS or POS Child Welfare Specialist send referral packets to the OETS. Referral packets should include a completed CFS 912 (Life Skills Referral) form and all required documentation listed.

- Child portion of the Integrated Assessment report.
- Face sheet and child specific section of current SACWIS service plan.
- A completed and scored Casey Life Skills Assessment and the Life Skills Individual Plan.
- Consent for Release of Information (CFS 600-3) that allows OETS to share youth's information with the life skills provider.

### For more information, contact:

Cook Region  
Transition Manager  
6201 S. Emerald Dr.  
Chicago, Illinois 60621  
773-371-6134

Northern Region  
Transition Manager  
8 E. Galena Blvd., 3rd Fl.  
Aurora, Illinois 60506  
630-801-3446

Central & Southern Regions  
Transition Manager  
2309 W. Main St.  
Marion, Illinois 62959  
618-993-7100

