



Enfócate, Edúcate, Participa:

Focus, Learn, Participate:
The Future is in our Hands!
Integrating change and community resources for all.



DCFS LATINO ADVISORY COUNCIL FAMILY INSTITUTE DAY Exhibitor Directory



FRIDAY, OCTOBER 14, 2022

SPONSORED BY THE ILLINOIS DEPARTMENT OF CHILDREN AND FAMILY SERVICES
IN COLLABORATION WITH THE LATINO ADVISORY COUNCIL

Marc D. Smith, DCFS Director

Daniel L. Fitzgerald, Chief of the Office of Diversity, Equity and Inclusion

José Javier López, Chief of Latino Services

Yeni Rojas, Chairperson of the DCFS Latino Advisory Council

Julia Monzón, Chairperson of the Latino Family Institute Day

Rebecca L. Sherrick, President, Aurora University

Rico Mangram, The Rico No Suave Show, Master of Ceremonies

THE RICO NO SUAVE TALK SHOW

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www.linktr.ee/riconosuaveshow



hello@reallygreatsite.com

Contact us for more information:



312-600-7771



[THERICONOSUAVESHOW.COM](http://thericonosuaveshow.com)



Welcome to

Cooking WITH *Rico*

*Get inspired and get ready to start Cooking with Rico!
He has some great recipes from all cultures for you
to enjoy with family and friends!*

**SUBSCRIBE TO THE YOUTUBE CHANNEL AND GET
NOTIFIED WHEN NEW SHOWS ARE UPLOADED:**

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**If you would like to be a Guest on the Show Email:
CookingwithRicoShow@gmail.com**

MASTER OF SOCIAL WORK QUICK GUIDE



PROGRAM FORMATS

Full-time and part-time
options available



TRADITIONAL MSW

60 credit hours consisting
of 30 credits of generalist
curriculum and 30 credits
of specialist curriculum



MSW ADVANCED STANDING

30 credit hours of
specialist curriculum
(completed BSW degree required)



PROGRAM LOCATIONS

Main AU Campus
AU Woodstock Center
AU Online



OPTIONAL CURRICULUM TRACKS

Addictions/CADC
Child Welfare
Forensics
Gerontology
Health Care
Leadership Administration
Military and Veteran Social Work*
School Social Work/PEL



FIELD INSTRUCTION

Generalist Year Placement:
450 hours
(2 consecutive semesters)
Specialist Year Placement:
600 hours
(2 consecutive semesters)

*Available online only.

Alison Arendt, MSW, LCSW

Associate Professor, Director of Graduate Studies for the School of Social Work
630-844-5793 | aarendt@aurora.edu

Laura Donavon, LCSW

Assistant Professor, Addictions Track and Forensics Track Coordinator
630-947-8943 | ldonavon@aurora.edu

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Assistant Professor, Health Care Track and Gerontology Track Coordinator
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Graduate Admission Counselor
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School Social Work Track Coordinator
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Joseph Oleck, MSW, LCSW

Lecturer of Social Work
630-844-5613 | joleck@aurora.edu

Allison Schuck, MSW

Field Director and Leadership Administration Track Coordinator
630-947-8936 | aschuck@aurora.edu

Laura Vargas, MSW, LCSW, CWEL

Assistant Professor, Child Welfare Track Coordinator
630-947-8900 | lvargas@aurora.edu



Está en buenas manos.

Nuestro nuevo centro ambulatorio
abrió sus puertas para responder a
sus necesidades quirúrgicas y clínicas.

773.257.2273 (CARE) | sinaichicago.org

SERVICIOS QUIRÚRGICOS | SALUD DIGESTIVA | DIÁLISIS | MANEJO DEL DOLOR | ATENCIÓN DE URGENCIAS

Le damos la bienvenida al One Lawndale Community Care and Surgery Center

Atender sus necesidades de salud es nuestra prioridad. Nuestro nuevo centro ofrece asistencia y servicios ambulatorios integrales para proporcionar la atención que usted y su familia necesitan. En un mismo lugar, tendrá fácil acceso a atención médica, quirúrgica, preventiva y otras alternativas de atención de bienestar personalizadas de Sinai Chicago. También atendemos necesidades especializadas en los edificios ubicados justo enfrente y al lado, en Mount Sinai Hospital y Schwab Rehabilitation.



ESCANEE EL CÓDIGO
QR PARA OBTENER
MÁS INFORMACIÓN





You're in good hands.

Our brand new outpatient center is now open for your surgical and clinical needs.

773.257.2273 (CARE) | sinaichicago.org

SURGICAL SERVICES | DIGESTIVE HEALTH | DIALYSIS | PAIN MANAGEMENT | URGENT CARE

Welcome to the One Lawndale Community Care and Surgery Center

Meeting your health needs is our priority. Our new center offers comprehensive outpatient services and support to provide the care you and your family needs. All under one roof, you'll find easy access to Sinai Chicago's personalized medical, surgical and other wellness and preventative healthcare. And specialty needs are right across the street and next door at Mount Sinai Hospital and Schwab Rehabilitation.



SCAN THE QR CODE
TO LEARN MORE





¿ERES
ELEGIBLE PARA
RECIBIR LOS
SERVICIOS DE
WIC?

ARE YOU
ELIGIBLE TO
RECEIVE WIC
SERVICES?

WIC es un programa especial de nutrición suplementaria que ayuda familias elegibles con necesidades médicas y nutricionales.

WIC is a special supplemental nutrition program that assists eligible families with medical and nutrition needs.

Llámanos hoy para saber si eres elegible. / Call us today to find out if you are eligible.

SINAI COMMUNITY INSTITUTE, INC. WIC CHICAGO LOCATIONS & NUMBERS

Services at WIC Programs Sites are provided by Sinai Community Institute, a member of Sinai Health System.

2735 W. 69TH ST.
773.434.5160

3812 W. OGDEN. CHICAGO, IL
872.588.3392

1611 S. CICERO, IL
708.477.4800

2653 W. OGDEN AVE.
773.257.6246

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

English Statement



Spanish Statement



SINAI CHICAGO | ONE LAWNSDALE EXPRESS CARE MANAGED BY PREMIER

Visit our new location for non- life threatening, urgent care services:



Cold/Flu



Asthma



Eye Injury Care



Ear Infections



Fracture Care



Strep Throat



Ligamentous Sprains



Cuts



Acute Injury Care



Minor Burn Care



Allergic Reactions



Sinusitis



Bronchitis



Pain Management



Muscular Strains



Joint Injury

Lab Services

Electrolyte Testing
STD Tests
Pregnancy Tests
Urinalysis
Drug Testing
Drug Screening
Fecal Blood Occult
Flu Testing
Rapid Flu Testing
Strep Tests
PT/INR Tests
COVID-19 Testing
Rapid COVID-19 Testing

Preventative Health Services

Vaccinations
Flu Shots
COVID-19 Vaccinations
Drug Screening

Symptoms Treated

Rashes and Itching
Coughing
Dry Cough
Sore Throat
Strep Throat
Body and Muscle Aches
Nausea
Diarrhea
Vomiting
Headaches

Location

Sinai Chicago | One Lawnsdale Express Care Managed by Premier

Located at Ogden Commons

2642 W Ogden Ave Chicago, IL 60608

Appointments: 773-257-6800

SINAI CHICAGO | ONE LAWNDALE EXPRESS CARE ADMINISTRADO POR PREMIER

Visite nuestra nueva ubicación para servicios de atención de urgencia para afecciones que no ponen en peligro la vida:



Resfriado



Asma



Atención de lesiones oculares



Infecciones de oído



Atención de fracturas



Faringitis estreptocócica



Esguinces de ligamentos



Cortaduras



Atención de lesiones agudas



Atención de quemaduras menores



Reacciones alérgicas



Sinusitis



Bronquitis



El manejo del dolor



Tensiones musculares



Lesión en las articulaciones

Servicios de laboratorio

- Prueba de electrolitos
- Pruebas de ETS
- Pruebas de embarazo
- Análisis de orina
- Prueba de drogas
- La detección de drogas
- Sangre fecal oculta
- Pruebas de gripe
- Pruebas rápidas de gripe
- Pruebas de estreptococos
- Pruebas de TP/INR
- Pruebas de COVID-19
- Prueba rápida de COVID-19

Servicios de Salud Preventiva

- Vacunas
- Vacunas contra la gripe
- Vacunas contra el COVID-19
- La detección de drogas

Síntomas tratados

- Sarpullido y picazón
- Tos
- Tos seca
- Dolor de garganta
- Faringitis estreptocócica
- Dolores corporales y musculares
- Náuseas
- Diarrea
- vómitos
- dolores de cabeza

Ubicación

Sinai Chicago | One Lawndale Express Care Administrado por Premier
Ubicado en Ogden Commons
2642 W Ogden Ave Chicago, IL 60608
Citas: 773-257-6800

Locations/Phone Numbers

- **Holy Cross Outpatient Behavioral Health Clinic at St. Casimir Building**
2601 West Marquette Road, Door 12
Chicago, IL 60629
Office: 773.565.2550
Fax: 773.565.2570
All ages Therapy
Intensive Outpatient Program (I.O.P.)
- **Opioid Medication Assisted Treatment Program (M.A.T.)**
Mount Sinai Hospital
1500 S Fairfield Ave, Chicago, IL 60608
Holy Cross Hospital
2701 W 68th St, Chicago, IL 60629
Office: 773.257.1000
- **Pioneer House**
(Adult Residential Home)
812 S. Western Ave,
Chicago, IL 60612
Office: 312.666.6897
- **Sinai Outpatient Psychiatry & Behavioral Health Clinic (S.P.B.H.)**
(Adult Clinic)
2653 W Ogden Ave, 2nd Floor
Chicago, IL 60608
Office: 773.257.5300
- **Under The Rainbow (U.T.R.)**
(Children and Adolescent B.H. Clinic)
Mount Sinai Hospital
1500 S Fairfield, NR 5th floor
Chicago, IL 60608
Office: 773.257.4750
Fax: 773.257.4753

Contact Us

Contact Sinai Behavioral Health to schedule a confidential comprehensive assessment and receive more information about any of our Behavioral Health programs.

773.257.5300

Or go online and request an appointment at
www.sinaichicago.org/en/virtualcare



Behavioral Health



For more information visit
sinaichicago.org

More than Medicine.
It's Personal.

About Sinai Behavioral Health

Sinai Chicago provides a variety of Behavioral Health services for individuals. We see all ages from adults to adolescents to children. Our team at Sinai is here to help with your Behavioral Health needs.

At Sinai Behavioral Health, we provide services to address many mental health needs such as:

- Anxiety Disorders
- Attention-Deficit/Hyperactivity Disorder
- Bipolar Disorders
- Depressive Disorders (Postpartum, Major Depression)
- Impulse Control Disorders (Intermittent Explosive Disorder)
- Obsessive Compulsive Disorders
- Oppositional Defiant Disorder
- Schizophrenia Disorders (Schizoaffective Disorder)
- Trauma Disorders (Post-traumatic Stress Disorder- PTSD)

To see a complete list of other mental health conditions Sinai treats, visit our website at sinaichicago.org.

Services at Sinai are provided in:

- American Sign Language
- English
- Spanish
- Tele-Health (phone/webcam) or In-Person

Outpatient Behavioral Health Services:

- Case Management
- Child / Adolescent Therapy
(Under The Rainbow & at St. Casimir Clinic)
- Cognitive Behavioral Therapy
- Comprehensive Psychosocial Assessment
- Crisis Evaluation
- Dialectical Behavioral Therapy
- Illness Management Recovery
- Individual & Group Therapy
- Psychiatric Evaluation
- Psychiatric Medication Management
- Substance Use Screening



- **Crisis Care Program**
At Sinai, a mental health worker is located in our E.R. Departments to help individuals with a behavioral health crisis. Our team will assist the individual through their crisis, helping the patient to prioritize and receive services.
- **Deaf and Hard of Hearing Program**
At Sinai, we provide therapeutic services for deaf and hard-of-hearing individuals with behavioral health needs.
- **Intensive Outpatient Program (I.O.P.)**
Our intensive outpatient services are helpful for individuals seeking daily assistance in overcoming mental health disorders such as depression, anxiety, mood disorders, post-traumatic stress disorder, and psychological trauma and abuse.
- **Opioid Medication Assisted Treatment Program (M.A.T.)**
At Sinai, we provide a warm handoff connecting individuals with the proper care they need to cope with opioid issues.
- **Pioneer House**
A Supervised Residential Home provides services to individuals with a mental illness needing assistance with daily living needs.
- **Sinai Psychiatry & Behavioral Health (S.P.B.H.)**
Our adult clinic provides outpatient therapy and psychiatry services to adults with mental health disorders to help them develop coping skills and manage their symptoms.
- **Under The Rainbow (U.T.R.)**
U.T.R. specializes in assessing and treating youth with serious emotional disorders and/or trauma, and also provides treatment for a wide range of other mental health needs.



HELP TODAY HOPE TOMORROW

SINAI PSYCHIATRY, BEHAVIORAL HEALTH & SUBSTANCE ABUSE TREATMENT

We are pleased to provide comprehensive behavioral health services, including adult inpatient treatment, Bilingual (Spanish) outpatient psychiatric, and mental health services for children, adolescents, and adults, offered in American Sign Language and culturally sensitive manner with a trauma-informed lens. We believe that quality, accessible care is vital to the communities we serve. Behavioral health services are available through telehealth and in-person.

CHILDREN & ADOLESCENT PROGRAM, UNDER THE RAINBOW, SERVICES INCLUDE:

- Individual, Family, and Group Therapy
- 24/7 Mobile Crisis Assessments for Youth
- Medication Management
- Mental Health First Aid Training
- Advocacy through a Medical-Legal Partnership

INPATIENT SERVICES INCLUDE:

- Psychiatric Crisis Screening
- Dedicated Adult Unit
- Substance Use Screening, Assessments, Brief Intervention, and Referrals
- Medication Assisted Treatment
- Medical Detox, *starting Fall 2020*

OUTPATIENT SERVICES INCLUDE:

- Therapy, including individual and group
- Psychiatric Assessment and Psychiatric Medication Management Clinic
- Substance Use Screen, Assessments, and Referrals
- Life Span Mobile Crisis Assessments
- Intensive Outpatient Program for Adults
- Free transportation services available for outpatient patients

Need help? Call 773-257-5300 to schedule a confidential assessment or receive more information. Our Crisis Workers are available 24/7 at Mount Sinai and Holy Cross Hospital for walk-ins.



AYUDA HOY ESPERANZA MAÑANA

TRATAMIENTO DE PSIQUIATRÍA, SALUD CONDUCTUAL Y ABUSO DE SUBSTANCIAS SINAI

Nos complace ofrecer servicios integrales de salud conductual, los cuales incluyen tratamiento de internado psiquiátrico para adultos, así como servicios bilingües (español) de psiquiatría ambulatoria y de salud mental para niños, adolescentes y adultos, los cuales también se ofrecen en el lenguaje por señas estadounidense y de una manera culturalmente sensible, a través de un foco informativo sobre el trauma. Creemos que la calidad y el cuidado accesible es vital para las comunidades a las que servimos. Los servicios de salud conductual están disponibles a través de telesalud y en persona.

PROGRAMA PARA NIÑOS Y ADOLESCENTES, BAJO EL ARCO IRIS, LOS SERVICIOS INCLUYEN:

- Terapia individual, familiar y de grupo
- Evaluaciones de crisis vía telefónica 24/7 para jóvenes
- Manejo de medicamentos
- Capacitación de primeros auxilios de salud mental
- Servicios de representación legal a través de una asociación médica-legal

SERVICIOS PARA PACIENTES INTERNADOS INCLUYEN:

- Prueba de detección de crisis psiquiátricas
- Unidad especializada en adultos
- Detección de uso de sustancias, evaluaciones, intervención breve y referidos
- Tratamiento de Asistencia Médica
- Desintoxicación médica, *comenzando en otoño 2020*

SERVICIOS AMBULATORIOS INCLUYEN:

- Terapia individual y de grupo
- Clínica de Evaluación Psiquiátrica y Medicinas para el Tratamiento Psiquiátrico
- Detección de uso de sustancias, evaluaciones y referidos
- Evaluaciones de crisis de vida vía telefónica
- Programa ambulatorio intensivo para adultos
- Servicios de transporte gratuitos disponibles para pacientes ambulatorios

¿Necesitas ayuda? Llame al 773-257-5300 para programar una evaluación confidencial o recibir más información. Nuestros trabajadores de crisis están disponibles las 24 horas del día, 7 días a la semana en los Hospitales Mount Sinai y Holy Cross para personas sin cita previa.

Ubicación

Mount Sinai Hospital
1500 S Fairfield, NR 5th floor
Chicago, IL 60608
Oficina #: 773-257-4750
Fax #: 773-257-4753

Horario:

Lunes a Jueves de 8:30 a. m. a 7:00
p. m. Viernes 8:30 a. m. a 5:00 p.
m.

Para programar una evaluación
confidencial y recibir más
información llame al
773-257-4750



“Dentro de cada niño hay un
arcoíris esperando brillar.”

Bajo el arcoíris

U.T.R.



Acerca de nosotros



Por más de 25 años, Under the Rainbow se ha dedicado a proveer a las familias del Norte y Sur Lawndale, servicios de salud mental. Under the Rainbow se especializa en evaluaciones y tratamiento de jóvenes que hayan sufrido maltratos, negligencia y otros traumas, así como otras variedades de servicios sobre la salud mental. Por favor llame al 773.257.4750 si tiene preguntas acerca de si su niño puede beneficiarse de nuestros servicios profesionales.

Nuestros Servicios:

- Terapia Individual/ Terapia de Juego
- Terapia Familiar
- Terapia de Grupo
- Grupos para Padres
- Servicios de psiquiatría
- Intervención móvil en ocasiones de crisis urgentes
- Coordinación de Servicios
- Evaluación e Intervención en caso de Crisis
- Grupo de Habilidades Sociales para todas las edades (5-18)
- Grupos de Adolescentes
- Grupos de ADHD



Servicios de la Comunidad:

- Intervención con base en la escuela
- Colaboración con agencias de la comunidad
- Iniciativas para Prevención de la Violencia
- Psicoeducación sobre varios temas relacionados a la salud mental

Los servicios se proveen en:

- Inglés
- Español
- Lenguaje de Señas Americano
- Para otros lenguajes usamos Martti (Interprete por video)
- Tele-Salud (via Doxy) o en persona

Los Servicios Directos son proporcionados por:

- Psicólogos
- Trabajadoras Sociales
- Consejeros
- Psiquiatras

Location

Mount Sinai Hospital
1500 S Fairfield, NR 5th floor
Chicago, IL 60608
Office #: 773.257.4750
Fax #: 773.257.4753

Office hours:

Monday - Thursday from 8:30 AM to 7:00 PM,
Friday 8:30 AM to 5:00 PM

To schedule a confidential
comprehensive assessment or
receive more information
773.257.4750



“Inside every child is a rainbow
waiting to shine.”



sinaichicago.org

Under The Rainbow

U.T.R.



sinaichicago.org

About us



For over 25 years, Under the Rainbow has been dedicated to providing evidence-based mental health services for families in North and South Lawndale. Under the Rainbow specializes in the assessment and treatment of youth who have experienced abuse, neglect, or other traumas, but also provides treatment for a wide range of mental health needs. Please call 773.257.4750 if you have questions about whether your child could benefit from our services.

Our Services:

- Individual Therapy/Play Therapy
- Family Therapy
- Group Therapy
- Parenting Groups
- Parent Support Groups
- Psychiatry Services
- Life Span Mobile Crisis Response
- Case Management Services
- Crisis Assessment and Intervention
- Social Skill Groups for all ages (5-18)
- Parent-Child Attachment Groups
- Parent Support Groups
- Teen Groups
- ADHD Groups



Community Services:

- School-based intervention
- Collaboration with community agencies
- Violence Prevention Initiatives
- Psychoeducation on various topics related to mental health

Services provided in:

- English
- Spanish
- American Sign Language
- IVIN used for other languages
- Tele-Health (via Doxy) or In-Person

Direct Services are provided by:

- Psychologists
- Social workers
- Counselors
- Psychiatrists
- Psychology interns/externs





Behavioral Intervention

Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. Our evidence-based program centers on an individualized approach that enables our team to address each family's specific situation.



Customized for Your Family

We are the only service for parents that combines clinical expertise with peer-to-peer support. Parents who have been through the program are an integral part of our team. Their practical, day-to-day experiences enhance the techniques taught by our professional staff and provide families with a sense of comfort that they are not alone in their challenges.



The Program In Action

Parents work on individualized behavioral and goal planning activities, with group sessions led by a Clinical Psychologist and individual time with trained peer mentors. Tuesday's Child offers both weekday and Saturday programs and is offered in English and Spanish.

Dual-Services

While parents are in session, children receive services in the Child Center which uses the same developmentally appropriate, behavior management strategies taught to parents. Emphasis is placed on cooperating with the teacher and interactive games and play with peers.



The Proven Difference

Tuesday's Child has been helping parents bring out the best in their spirited children for over 30 years. When families struggle with behavioral challenges, solutions often cannot be found in books, DVDs or even seminars. We firmly believe that our unique combination makes the difference -- individualized parent coaching, peer-to-peer support and opportunities for children to practice their new behavioral skills in a classroom setting. Families who complete the program report that the techniques they learned have dramatically improved their children's behavior, daily lives and family relationships.



Passion To Help Your Family

Our program participants find that our professional staff and parent trainers truly care about the families who come to Tuesday's Child. The passion they demonstrate is one of the reasons we have such a loyal and emphatic group of supporters who are an important part of our referral network. Our role is not to diagnose children with specific issues or disorders. Rather, we focus on improving the child's behavior and setting them up for success.



Additional Services

Tuesday's Child offers additional services to community service organizations, families and children to assist them in addressing daily behavioral challenges including:

- Behavioral Support Child Center
- Therapeutic Summer Camp
- Speech & Occupational Therapy
- Outreach Parent Training
- Individual and Group Counseling
- Parent Support through the IEP Process
- Ongoing Workshops & Support Groups
- Professional Staff Training



Register Today

For more information or to schedule an Intake Appointment, please call(773)573-6936.

www.TuesdaysChildChicago.org

“Tuesday’s Child helped change our lives, and this is a dream come true for our family.”



A New Future

“When we came to Tuesday’s Child, our whole world changed. The boys immediately took to their classroom and teachers. My husband and I began to use the Tuesday’s Child structure and discipline techniques at home, and they made such a difference with our children. Our boys also started speech therapy which brought them from mostly grunting with a few words, to speaking and even singing songs.

Our boys are now in preschool and their first day of school was a breeze! When they walked into school for the first time, they both sat down with a puzzle while other children were crying and clinging to their parents. I know this great behavior is due to Tuesday’s Child. Our boys continue to receive services at Tuesday’s Child and ***each day they continue to be better prepared for school and long-term success!***

-Tuesday’s Child Alumni

Register Today

For more information or to schedule an Intake Appointment, please call (773)573-6936
www.TuesdaysChildChicago.org

About Tuesday’s Child

Mission Statement

Tuesday’s Child enables families to thrive through positive parent training, inclusive behavioral classrooms and support services. Our proven model impacts home, school, and the community.

History

Originally founded in 1981 at Children’s Memorial Hospital, Tuesday’s Child is now an independent 501(c)(3) nonprofit and has been providing high-quality services for 40 years.

Goals

At Tuesday’s Child parents learn to:

- handle temper tantrums, hitting and sibling fights.
- successfully manage daily routines including mealtimes and bedtimes.
- prepare children for success in school.

At Tuesday’s Child children learn to:

- interact appropriately with others.
- cope with a variety of situations.
- recognize limits and follow directions.
- comply with daily routines.



Tuesday’s Child
tel: (773)573-6936 | fax:
(312)284-1696
www.TuesdaysChildChicago.org



Tuesday’s Child

Behavior Management Experts



Tuesday’s Child helps families address behavioral issues through individualized training for both parents and children.

Serving families with children 18 months to 6 years of age.

www.TuesdaysChildChicago.org



DONATION DRIVE FOR ASYLUM SEEKERS

We need your help!



Your support is critical to helping them begin the path to a new life and self-sufficiency.

What to donate?*



Gift Cards



Cash Donations



or www.rinconfamilyservices.org
Checks payable to Rincon Family Services



New Toiletries & Hygiene Items

*Due to staff shortage, we are no longer accepting used clothing.

Drop off Location

3942 W North Ave
Chicago, IL 60647
Mon - Friday 10:00 am - 4:00 pm

Questions?



contactus@rinconfamilyservices.org





PARENT ENGAGEMENT TRAININGS

Art of Parent Engagement

Format: In-person, 4 hours (half-day)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood Professionals

Effective work with families depends on staff's ability to engage and partner with them. Utilizing an extended role-play format, this experiential workshop for professionals assists practitioners with developing empathy for their clients and in-depth understanding of the challenges they face. It encourages self-reflection as a foundation for strengthening parent engagement skills. Be Strong Families works with practitioners to customize this workshop for their program's needs and the specific situations of their clients.

Building Strong Relationships with Families

Format: Online, two 4-hour half-days
OR In-person, 8 hours (1 full-day or 2 half-days)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood Professionals

This hands-on, activity-based, experiential workshop builds family-serving staff members' parent engagement skills. Participants also increase their understanding of how their personal attitudes and professional practices contribute to or undermine positive partnerships with parents. Promoting positive outcomes for children is best achieved when the whole family is accepted and supported in an approach that strengthens the family.

Recognizing the parent-child bond as the first, most important relationship in a child's life, it is essential to have strong, positive relationships with the whole family—including fathers. Having such relationships allows for programs to implement programs that value principles of family-centered practice. This training promotes awareness of the importance of developing skills in building relationships with families through a variety of reflective and interactive activities.



TO LEARN MORE, CONTACT
INFO@BESTSTRONGFAMILIES.NET



beststrongfamilies.co/ParentEngagementTrainings

PARENT ENGAGEMENT TRAININGS

Communicating with Families

Format: In-person OR Online, 4 hours (half-day)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood Professionals

Being able to recognize when a family needs support is important, but whether they get what they need is often impacted by how we, as service providers, communicate with them. This interactive workshop assists participants with understanding why certain conversations are difficult and how they could become less so. Participants will practice effective communication skills and develop action plans for implementing them with parents.

Parent Engagement through a Lens of Equity

Format: Online, 4 hours (half-day)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood professionals

How do good family service programs evolve into great, beloved community resources? How can family-serving programs embody servant leadership and work towards social justice in their everyday activities? Part of the answer lies in how they engage families. In this four-hour workshop, participants will build upon their strengths in developing and nurturing positive, healing relationships between providers and parents, explore the barriers they are encountering, and design practical solutions for overcoming these barriers. They will learn about how attending concretely to multiple dimensions of equity (political, social, economic) in everyday program practices can enhance their greatness. By better understanding how power dynamics and implicit biases can get in the way of forming working partnerships, participants will enhance their effectiveness in designing and implementing actionable, co-creative strategies for inclusive budgeting, governing, and planning with parents.

Relationship-Based Practice and Making Effective Referrals (Part 1 & 2)

Format: Online, two 4-hour half-days OR In-person, 8 hours (1 full-day or 2 half-days)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood professionals, and other helping professions.

Everyone needs help at times, and when relevant assistance and resources come at the right time, it can be lifesaving. In this workshop, the interactions between providers and their clients are built upon creating an authentic relationship. An emphasis is put not on simply having providers know the ins and outs of Information and Referral Services (I&R) to pass along to clients, but rather on implementing a partnership-based approach to I&R that empowers clients to determine their own wants and needs, find answers, and access resources.

This workshop hosts many learning objectives, including understanding what relationship-based practice means and how and why it's important to making effective referrals, brainstorming barriers, and solutions to making effective referrals, recognizing how to leverage relationships with providers to assist families with building meaningful connections, and more!





FAMILY SUPPORT TRAININGS

Assisting and Supporting Parents with Child Welfare Involvement with Getting on the Fast Track

Format: In-person OR Online, 4 hours (half-day)

Audience: Child Welfare Professionals Only

Be Strong Families has worked (and is working) with former parents with child welfare involvement to develop resources that support parents whose children are in the foster care system in getting their kids back and keeping them safely at home. In this workshop, staff will learn about the Get on the Fast Track workshop and group support that they can make available to their clients and the benefits that parents report on participating in the workshop.

Assisting Families with Living the Protective Factors

Format: Online OR In-person, 8 hours (1 full-day or 2 half-days)

Audience: Providers Only

Customized versions available for:

Child Welfare, Education, and Early Childhood Professionals

Prerequisite: *Living the Protective Factors: Journey to Being a Tight, Loving, and Fabulously Strong Family*

This workshop for providers builds on the core *Living the Protective Factors: Journey to Being a Tight, Loving, and Fabulously Strong Family* (below). It assists professionals with applying their knowledge of the five Strengthening Families™ Protective Factors in their work with families while simultaneously enhancing meaningful parent engagement. Participants surface the myriad ways that they are currently assisting families with building Protective Factors. They will learn how and why it's beneficial for the Protective Factors to serve as an action framework for parenting, as well as a common language between parents and providers, and how Protective Factors can be mobilized by parents to prevent ACES (Adverse Childhood Experiences / trauma) for their children. Participants will leave with ideas that they can implement immediately upon their return and with a reinvigorated and expanded appreciation for the power of the Protective Factors.



TO LEARN MORE, CONTACT
INFO@BESTSTRONGFAMILIES.NET



beststrongfamilies.co/FamilySupportTrainings

FAMILY SUPPORT TRAININGS

Get on the Fast Track to Getting Your Kids Back

Format: In-person OR Online, 10 hours: 1 introduction (4 hours) and 4 sessions (1.5 hours each)

Audience: Parents with Child Welfare Involvement

Customized versions available for: Child Welfare Professionals (this is a direct service workshop, and can also be a training-of-trainers)

Get on the Fast Track is an experiential education and support series that provides practical tools and strategies for parents with child welfare involvement to reunify their families. It begins with a 4-hour highly experiential and psychodynamic workshop that surfaces, validates, and then temporarily neutralizes negative emotions related to being involved with the child welfare system. After acknowledging the stress that is inherent in the process, participants brainstorm positive and negative ways to handle the stress. The last hour of the workshop is devoted to an empowerment-based method for parents to take control of their destiny and their struggle to get their children back at home. The 3-S concept (Strategy–Strength–Support) is shared. Parents gain practical knowledge, insight, and conviction about their potential to effectively lead the reunification process. All participants receive Be Strong Families' publication the Get Real Guide to Getting Your Kids Back.

There are four follow-up or stand-alone 1.5-hour supportive workshops on the following topics:

- Social Connections
- Caseworker Relationship
- Visitation
- Relationship with the Caregiver

Get on the Fast Track to Keeping Your Kids at Home

Format: Online OR In-person, 4 hours (half-day)

Audience: Parents with Child Welfare Involvement

Customized versions available for: Child Welfare Professionals

The first six months after the return home are extremely challenging for newly reunified families. The difficulty of the transition can be exacerbated by lack of preparedness and unrealistic expectations. This workshop, developed for and with former parents with child welfare involvement, assists with emotionally and practically preparing parents for when their children return home. Included are: reconnecting with your children, acknowledging your children's emotions and experiences, learning from caregivers, getting support from the child welfare system, and handling communications and relationships with friends and family.

Living the Protective Factors: Journey to Being a Tight, Loving, and Fabulously Strong Family

Format: Online OR In-person, 8 hours (1 full-day or 2 half-days)

Audience: Providers Only

Customized versions available for: Child Welfare, Education, and Early Childhood Professionals

This workshop gives participants the opportunity to “test-drive” the five research-based Strengthening Families™ Protective Factors that are proven to keep children safe and families strong.

Highly interactive, fun, and informative—the workshop begins with understanding the impact of adverse childhood experiences (ACES) and introduces the Strengthening Families™



FAMILY SUPPORT TRAININGS

Protective Factors framework as an important component of a comprehensive wellbeing paradigm and links the framework to trauma-informed practice, demonstrating its practical benefits for bridging communications between staff, families, courts, and other service providers. This workshop is customized with and for the jurisdiction/organization in which it will be provided so that it is maximally relevant for participants.

For both parents and providers, this workshop results in participants having practical insight and strategies for overcoming obstacles and strengthening your own family—from the inside out.

Living the Protective Factors Weekly Playbook

Format: 2 hours per session per week, 16 hours total

Audience: Parents Only

Customized versions available for: Child Welfare, Education, and Early Childhood audience

This 8-week parent education series is based on the Living the Protective Factors Playbook which contains 49 days of activities and weekly themes for parents to learn about, explore, and build the Strengthening Families™ Protective Factors at home. Every week for two hours, parents come together in a fun, inspirational and educational environment to share their experiences and weekly Playbook homework, learn from one another, gain insight from the group and the group leader, feel supported in their parenting, expand their repertoire of parenting strategies, and gain a deeper understanding of what gets in the way of being a strong, loving family-including childhood trauma.

Maintaining Family Connectedness

Format: In-person OR Online, 4 hours (half-day)

Audience: Child Welfare Professionals and Providers Organizations

Navigating the child welfare system is difficult for any parent and doing the work to get one's children returned home is a monumental feat. When reunification is the permanency goal, maintaining strong family ties while the child is out of their parents' home is essential. Child welfare staff can do a lot to facilitate the process of maintaining family connectedness. This four-hour workshop highlights the importance of maintaining family connectedness and assists child welfare front line staff with understanding how they can strengthen family ties throughout the life of a case.

Recognizing and Responding to Signs of Family Stress

Format: In-person OR Online, 4 hours (half-day)

Audience: Providers Only

Customized versions available for: Child Welfare, Education, and Early Childhood Professionals

Responding to signs of child abuse and neglect is crucial—and research now allows us to start earlier in keeping children safe and families strong. By recognizing and responding to early signs of stress, family-serving staff can assist families with getting the support they need to promote the health and well-being of their family and prevent abuse and neglect. This training will support participants getting in touch with their own stress and help them recognize early signs of family stress.



FAMILY SUPPORT TRAININGS

Reducing Toxic Stress by Living the Protective Factors

Format: Online OR In-person, 8 hours (1 full-day or 2 half-days)

Audience: Providers Only

Customized versions available for: Child Welfare, Education, and Early Childhood Professionals

Toxic stress takes a toll on all family members. Well-meaning attempts to educate parents about the damaging impact of toxic stress on their children's development can end up adding more pressure and shame to an overwhelming situation.

This interactive workshop—developed originally for the American Academy of Pediatrics—is different. We'll cover the basics of toxic stress, adverse childhood experiences, and trauma. The heart of this session is learning a strengths-based way to engage parents in building Protective Factors to reduce toxic stress. Updated to include discussion on pandemic-related toxic stress. Open to all who work with or are part of families experiencing high levels of stress.

Shared Parenting: Assisting Parents with Child Welfare Involvement and Caregivers with Building Collaborative Relationships

Format: In-person OR Online, 4 hours (half-day)

Audience: Child Welfare Professionals Only

This workshop introduces child welfare staff to Be Strong Families' Shared Parenting workshop for parents and caregivers. It also assists them with promoting healthy, meaningful working relationships and partnerships between parents and caregivers. The curriculum is also infused with strategies for effectively engaging parents and enhancing capacity to:

- Find commonalities and promote harmony and collaboration between caregivers and parents

- Practice communication skills for challenging conversations
- Expand empathy and let go of judgment
- Develop strategies to work together to benefit children in care

Shared Parenting: Developing Collaborative Relationships Between Parents with Child Welfare Involvement and Foster Parents

Format: Online OR In-person, 4 hours (half-day)

Audience: For Parents with Child Welfare Involvement and Caregivers

Customized versions available for: Child Welfare Professionals

This training brings parents with child welfare involvement and caregivers together, creating an opportunity to understand one another's unique shared parenting role within the child welfare system with the goal of strengthening each participant individually and collectively as a team. This workshop allows parents to take a deeper dive into what does it mean to co-parent and respect each other to help the child.





HEALING TRAUMA TRAININGS

Vicarious Trauma / Vicarious Resilience: Holding Space for and Working Through Our Own and Others' Trauma

Format: Online 2 days X 4 hours (half-day each), OR In-person 8 hours (full-day)

Audience: All audiences

Customized versions available for: Child Welfare, Education, and Early Childhood audience

Other people's trauma impacts our well-being, regardless of whether the other people are our friends, clients, co-workers, or family members. Learning how vicarious trauma affects us is the first step to improving our well-being and ability to sustain positive relationships. This workshop begins with learning about and identifying our own signs of trauma exposure response and our emotional triggers. Participants practice strategies for de-escalating their own and others' emotional responses in the moment. Further, they learn a framework for reading and shifting their own and others' energy to move into a positive relational zone. This workshop offers tools for increasing awareness, skills, and tools for understanding how to best respond when trauma or trauma history is in play. The workshop concludes by making a self-care plan using the Be Strong Families Domains of Vitality so people can stay strong and attend to their relationships.



TO LEARN MORE, CONTACT
INFO@BESTSTRONGFAMILIES.NET

Vicarious Trauma / Vicarious Resilience: Coaching Skills for Supervisors

Format: Online 2 days X 4 hours (half-day each), OR In-person 8 hours

Audience: Providers Only

Customized versions available for: Child Welfare, Education, and Early Childhood Professionals

This experiential workshop takes off from where the Vicarious Trauma / Vicarious Resilience: Holding Space for and Working Through Our Own and Others' Trauma workshop left off by assuming reflective supervisory practice and diving deeper into what concrete coaching skills may be effectively deployed in these conversations. While effective supervisors may naturally and intuitively mobilize these techniques without having explicitly learned them, this workshop makes the implicit explicit. Highly interactive, energizing, playful, and maximizing participants' creativity, this workshop provides participants with the opportunity to both learn about and practice coaching skills such as:

- Asking appreciative, empowering questions
- Clarifying
- Goal setting
- Reframing
- Planting a seed
- Celebrating
- Affirming
- Validating
- Championing
- Asking permission
- Active listening



beststrongfamilies.co/HealingTraumaTrainings

HEALING TRAUMA TRAININGS

Trauma-Informed Parenting: Using Lifebooks

Format: Online OR In-person, 4 hours (half-day)

Audience: Child Welfare Professionals and Caregivers

Often when children are involved with child welfare, elements of their history can be lost due to a variety of reasons—including multiple placements. Lifebooks are an essential tool in trauma-informed parenting. This training is designed to assist participants with understanding the value of a Lifebook for a child in care and the ways in which the collaborative process of developing a Lifebook can promote psychological wellbeing and assist with maintaining positive family ties as well as partnerships between parents with child welfare involvement and caregivers.

Trauma-Informed, Strengths-Based, Family-Centered Practice in Child Welfare

Format: Online OR In-person, 4 hours (half-day)

Audience: Child Welfare Professionals Only

For child welfare staff who understand the basics of trauma-informed practice and the Strengthening Families™ Protective Factors, this workshop takes that practice one step further. Participants explore how the concept of emotional safety contributes to transformation and healing and the importance of emotional safety as part of safety and wellbeing, transformative child welfare practice, and parenting. This training introduces participants to Appreciative Inquiry as an interviewing method that, along with the Protective Factors, can surface meaningful strengths to build on for family reunification. Participants use a case-study method, working from a sample case plan description, to create a strengths-based parent profile.





YOUTH DEVELOPMENT TRAININGS

Integrating the YouthThrive™ Protective and Promotive Factors Framework into Your Work

Format: Online OR In-person: 1 full-day (8 hours) or 2 half-days (4 hours each)

Audience: Child Welfare Professionals Only

Targeted toward staff who work with youth in care, this workshop offers the Youth Thrive™ Protective and Promotive Factors framework as a tool for thinking about, organizing, and enhancing their services. Through fun, interactive small-group work, professionals emphatically experience the Youth Thrive™ Protective and Promotive factors. They also build critical thinking and human-centered design skills to their work with teenagers involved with child welfare. Participants explore how the stages of teenage development are impacted by trauma what it means to work with and help a teen; stages of development and how trauma impacts youth development are discussed.

Introduction to the YouthThrive™ Protective and Promotive Factors Framework

Format: Online OR In-person: 1 full-day (8 hours) or 2 half-days (4 hours each)

Audience: Providers Only

Customized versions available for: Child Welfare, Education, and Early Childhood Professionals

Targeted to staff who work with youth in care, this workshop offers the YouthThrive™ Protective and Promotive Factors framework as a tool for thinking about, organizing, and enhancing their services. Through fun, interactive small-group work, professionals emphatically experience the YouthThrive™ Factors. They also build critical thinking and human-centered design skills to their work with child-welfare-involved teenagers. Participants explore how the stages of teenage development are impacted by trauma, what it means to work with and help a teen; stages of development and how trauma impacts youth development are discussed.



TO LEARN MORE, CONTACT
INFO@BESTSTRONGFAMILIES.NET



beststrongfamilies.co/YouthDevelopmentTrainings



SELF-CARE & SKILL-BUILDING TRAININGS

Being an Agent for Positive Change

Format: Online OR In-person: 1 full-day (8 hours) or 2 half-days (4 hours each)

Audience: Providers Only

Customized versions available for:
Child Welfare Professionals

This training challenges workers to understand their own story within their work, helping them understand the elements of themselves that they bring into their practice. Participants will spend time examining and dealing with their own biases and triggers as well as exploring how to set appropriate boundaries with the families they serve—ensuring that they are recognizing their own limitations and supporting themselves through intentional self-care. Participants will learn how to use the five Strengthening Families™ Protective Factors to build a strength-based parent profile and to deepen the way they engage with the families they serve. Workers leave with tools they can immediately put into practice as an Agent of Positive Change.

Using the Protective Factors to Overcome Challenges at Work

Format: Online OR In-person: 1 full-day (8 hours) or 2 half-days (4 hours each)

Audience: Providers Only

Customized versions available for:
Child Welfare, Education, and Early Childhood Professionals

The Strengthening Families™ Protective Factors are a powerful tool for keeping families strong and children safe, but they can also be deployed to solve almost any thorny problem or complex challenge. This workshop uses Art of Hosting conversation technologies and interactive, experiential activities to surface issues that are sapping energy—causing frustration and burnout at work—and then uses the Protective Factors to address them. This workshop adds depth and dimension to the practice of Living the Protective Factors. Participants leave feeling re-connected to their purpose and passion, supported by their colleagues, and with more tools in their toolbox to thrive in their work with families.



TO LEARN MORE, CONTACT
INFO@BESTSTRONGFAMILIES.NET



beststrongfamilies.co/SelfCareSkillBuildingTrainings



**BE
STRONG
FAMILIES**

Be Strong Families partners to create transformative change by developing and sustaining conversations that nurture the spirit of family, promote well-being, and prevent violence.



Building Protective Factors with Child-Welfare-Involved Families

Family-Centered, Strength-Based, Trauma-Informed Services for Child-Welfare-Involved Children and Families
(Delivered at 40+ partner agency sites throughout the state)



Parents with Child-Welfare-Involvement

Strategy-Strength-Support for Parents with Child-Welfare-Involvement

- Get on the Fast Track to Getting Your Kids Back workshops
- Building Strengthening Families™ Protective Factors
- Promoting shared parenting
- Engaging fathers in surfacing and neutralizing negative emotions related to being involved with the child-welfare system

Foster Parents

Keeping Foster Parents Strong

- Trauma-informed parenting workshops
- Building community and networks of support with Foster Parent Cafés
- Building positive collaborative relationships with children's parents
- Assisting foster parents in respecting and supporting connectedness between youth in care and their family

Youth and Emerging Adults

Promoting Successful Adulthood for Youth and Emerging Adults in Care

- Preparing for transition into adulthood
- Increasing self-efficacy
- Managing and reducing stress
- Dealing positively with negative emotions
- Building self-esteem and confidence
- Sustaining healthy relationships
- Setting realistic goals
- Developing listening and public speaking skills
- Building YouthThrive™ Protective and Promotive Factors

Child-Welfare Systems

Be Strong Families training and technical assistance supports Child-Welfare system administrators and frontline staff

- Preventing child abuse and neglect
- Getting children to permanency faster and with less conflict
- Safely and successfully reuniting families
- Keeping substitute care placements stable
- Preparing youth and emerging adults for transition into adulthood
- Reducing stress for child-welfare professionals

Description of Online and In-Person Services

- Professional Development (4-8 hours)
 - Effectively and efficiently strengthening families and facilitating permanency
 - Reducing stress in a professional's role
- Skill-Building Workshops (4-8 hours)
 - Designed for parents and foster parents
 - Prevents substitute care placement
 - Promotes reunification
 - Stabilizes foster care placements
- Cafés (1.5-2 hours)
 - Designed and hosted for parents, foster parents, and youth and emerging adults
 - Small group conversations focused on keeping families strong
 - Peer-to-peer learning and community-building

Referral Process

- No referral needed; participants can self-register
- Agencies set the schedule and choose workshops that align with the agency's goals and best support parents' needs
- All services delivered at the partner agency by Be Strong Families

care

For more information, contact:
greishen@bestrongfamilies.net • 773-742-5444

www.bestrongfamilies.org

MISSION: TRANSFORMING ONE LIFE AT A TIME THROUGH OUR BEHAVIORAL AND SOCIAL HEALTH SERVICES.

VISION: STRENGTHEN THE COMMUNITIES WE SERVE BY BEING THE PREMIER BEHAVIORAL AND SOCIAL HEALTH SERVICES PROVIDER.

VALUES: ADVOCACY, SERVICE, INCLUSIVITY, INTEGRITY, AND COMPASSION.

**FOR MORE INFORMATION,
TO MAKE AN APPOINTMENT,
OR SCHEDULE A PRESENTATION
(847)546-6450**

**WWW.NICASA.ORG
INFO@NICASA.ORG**

**WWW.NICASA.ORG/PROBLEM-
GAMBLING-AND-SPORTS-
BETTING-SERVICES/
GAMBLINGSERVICES@NICASA.ORG**

**WWW.WEKNOWTHEFEELING.ORG
1-800-GAMBLER**

**HEADQUARTERS
COUNSELING AND PREVENTION SERVICES
31979 N. FISH LAKE ROAD
ROUND LAKE, IL 60073
(847)546-6450**

**WAUKEGAN OFFICE
COUNSELING AND PREVENTION SERVICES
1113 GREENWOOD AVENUE
WAUKEGAN, IL 60087
(847)244-4434**

**JUDY H. FRIED CENTER
FAMILY ADVOCACY CENTER
2031 DUGDALE ROAD
NORTH CHICAGO, IL 60064
(847)785-8660**

**BRIDGE HOUSE
RESIDENTIAL SERVICES
3016 GRAND AVENUE
WAUKEGAN, IL 60085
(847)662-4124**

**BUFFALO GROVE OFFICE
COUNSELING SERVICES
2900 MAIN STREET
BUFFALO GROVE, IL 60089
(847)634-6422**

**ZION OFFICE
COUNSELING SERVICES
1015 27TH STREET
ZION, IL 60099
(847)244-4434**

**HIGHLAND PARK OFFICE
COUNSELING SERVICES
1724 1ST STREET
HIGHLAND PARK, IL 60035
(847)433-1303**

**ARCH PROGRAM
202 S. GENESEE STREET
WAUKEGAN, IL 60085
(847)652-9440**



Nicasa
Behavioral Health Services

**Gambling Awareness and
Counseling Services**

Building Brighter Futures

WHO WE ARE

Counseling professionals with specialized training in preventing and treating gambling disorder.

Presenters with local, statewide, and national speaking experience.

Leaders in awareness and advocacy.

An organization neutral on the subject of legal gambling, committed to preventing and treating problem gambling.



HOW WE HELP



SERVICES

Free Consultation
Self-Exclusion
Education
Including Safer Sports Betting
Counseling
Individual, Family, and Group

COMPLEMENTARY SERVICES

Substance Abuse Counseling
Mental Health Therapy
Family Advocacy and Education
Connection to Supportive Services

AWARENESS

Workshops
Materials
Free Training
Available to Any Interested
Business or Group

Services are provided in English and Spanish (other languages available upon request)

WHO WE HELP

Individuals, families, and communities impacted by gambling, since 2002!

3,000+ participants in educational workshops since 2017!

Individuals looking to learn responsible gambling strategies.

People who want to quit gambling.

Businesses or groups looking to learn and collaborate on addressing the social costs of problem gambling.

**YOUR LIFE DOES NOT
GET BETTER BY
CHANCE, IT GETS
BETTER BY CHANGE.**

~JIM ROHN



Funding provided in whole or in part by the Illinois Department of Human Services Division of Substance Use Prevention

MISIÓN: TRANSFORMANDO LAS VIDAS UNA POR UNA OFRECIENDO NUESTROS SERVICIOS DE SALUD MENTAL Y SERVICIOS SOCIALES

VISIÓN: REFORZAR LAS COMUNIDADES QUE SERVIMOS SIENDO EL PROVEEDOR SUPERIOR DE LOS SERVICIOS DE SALUD MENTAL Y SERVICIOS SOCIALES.

VALORES: APOYO, SERVICIO, INCLUSIÓN, HONESTIDAD, Y COMPASIÓN.

**PARA MÁS INFORMACIÓN,
HACER UNA CITA,
O PROGRAMAR UNA
PRESENTACIÓN
(847)546-6450
WWW.NICASA.ORG
INFO@NICASA.ORG**

**WWW.NICASA.ORG/PROBLEM-
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BETTING-SERVICES/
GAMBLINGSERVICES@NICASA.ORG**

**WWW.WEKNOWTHEFEELING.ORG
1-800-GAMBLER**

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31979 N. FISH LAKE ROAD
ROUND LAKE, IL 60073
(847)546-6450**

**OFICINA DE WAUKEGAN
SERVICIOS DE CONSEJERÍA Y PREVENCIÓN
1113 GREENWOOD AVENUE
WAUKEGAN, IL 60087
(847)244-4434**

**EL CENTRO JUDY H. FRIED
CENTRO DE APOYO FAMILIAR
2031 DUGDALE ROAD
NORTH CHICAGO, IL 60064
(847)785-8660**

**BRIDGE HOUSE
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3016 GRAND AVENUE
WAUKEGAN, IL 60085
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**PROGRAMA DE ARCH
202 S. GENESEE STREET
WAUKEGAN, IL 60085
(847)652-9440**



Behavioral Health Services

**Conocimiento de Apuestas
Problemáticas y Servicios
de Consejería**

Construyendo Futuros Brillantes

¿QUIÉNES SOMOS?

Consejeros profesionales con entrenamiento especializado para prevenir y tratar el problema con los juegos de azar y apuestas.

Presentadores con experiencia local, estatal, y nacional de discursos y presentaciones.

Líderes de conocimiento y apoyo con el juego y las apuestas.

Una organización que se mantiene neutral en la legalización de apuestas legítimas, comprometida a prevenir y tratar el problema del juego y apuestas.



¿CÓMO AYUDAMOS?



SERVICIOS

Consulta Gratis
Programa de Exclusión para Prohibir la Entrada a Lugares Donde Uno Puede Apostar
Educación
Incluyendo Información sobre las Apuestas y los Deportes
Consejería
Individual, de Familia, y en Grupo

SERVICIOS COMPLEMENTARIOS

Consejería de Abuso de Sustancias
Terapia para la Salud Mental
Educación y Apoyo para Familias
Conexión con Servicios de Apoyo

CONOCIMIENTO

Talleres
Materiales
Entrenamiento Gratis
Disponible para Educar a los Negocios y Grupos que Quieren Aprender Más

Proveemos servicios en español e inglés (puede pedir otros idiomas también)

¿A QUIÉN AYUDAMOS?

Individuos, familias, y comunidades afectados por los problemas del juego y las apuestas, desde 2002!

3,000+ personas participaron en talleres educacionales desde 2017!

Individuos que quieren aprender como jugar y apostar con estrategias responsables y seguridad emocional.

Personas que quieren dejar de apostar.

Negocios o grupos que quieren aprender más y trabajar juntos para confrontarse el costo social del juego y las apuestas problemáticas.

SU VIDA NO SE MEJORA
POR CASUALIDAD,
SINO POR CAMBIO.

~JIM ROHN



Fondos están proveídos por la División de Abuso de Sustancias y Prevención del Departamento de Servicios Humanos de Illinois



Ayuda en Problemas de Conducta

Tuesday's Child ayuda a las familias tratar los problemas de conducta a través de una instrucción individualizada para padres e hijos. Nuestro programa el cual es evidencia-basado se radica en un acercamiento individualizado que permite a nuestro equipo abordar la situación específica de cada familia.



Personalizado Para tu Familia

Somos el único servicio para padres que combina la experiencia clínica con el apoyo de mentores. Los padres que han completado el programa forman una parte integral de nuestro equipo. Sus experiencias prácticas diarias realzan las técnicas enseñadas por nuestros empleados profesionales las que proporcionan a las familias la tranquilidad que no están solos en sus desafíos.



El Programa en Acción

Los padres trabajan sobre las actividades de conducta individualizada y las de establecerse metas en sesiones de grupos dirigidas por un psicólogo clínico y trabajan también de manera individual con los pares orientadores entrenados en el método de Tuesday's Child.

Servicios Dobles

Cuando los padres están en sus sesiones, los niños reciben servicios en el centro de niños que utiliza las mismas estrategias de manejo de conducta enseñadas a los padres. El énfasis se radica en la cooperación con la maestra, los juegos interactivos y jugar con los compañeros.



La Diferencia Comprobada

Tuesday's Child ha ayudado a los padres sacar lo mejor de sus hijos animados por más de 30 años. Cuando las familias tienen problemas con los desafíos de conducta, las soluciones no se encuentran ni en los libros, DVDs ni tampoco en los seminarios. Creemos firmemente que nuestra combinación única –la orientación para los padres individualizada, el apoyo mentores, y las oportunidades que los niños tienen para emplear sus nuevas habilidades de conducta en un salón de clases-hace una diferencia. Las familias que terminan el programa comunican que las técnicas aprendidas han mejorado la conducta de su (s) niño(s), sus vidas diarias en general y las relaciones familiares dramáticamente.



La Pasión Para Ayudar a tu Familia

Los participantes de nuestros programas descubren que nuestros empleados profesionales y los orientadores compuestos de padres les importa mucho las familias que vienen a Tuesday's Child. La pasión demostrada es una de las razones por la cual tenemos un grupo de seguidores tan leales y enfáticos que forman parte de nuestra red de remisión. Nuestro rol no consiste en diagnosticar a los niños con problemas o trastornos. En cambio, nos enfocamos en mejorar el comportamiento del niño y el prepararle para el éxito.



Servicios Adicionales

Tuesday's Child ofrece servicios adicionales a las organizaciones de servicio para la comunidad, las familias y los niños para asistirlos a tratar los desafíos diarios los cuales incluyen:

- Un centro infantil de apoyo conductual
- Un campamento terapéutico de verano
- Terapia del habla y ocupacional
- La instrucción comunitaria de los padres
- Asesoramiento individual y en grupos
- Apoyo para los padres que solicitan un "IEP" para sus hijos
- Talleres y grupos de apoyo
- Capacitación profesional para los empleados



Matricúlese Hoy

Para recibir más información o para hacer una cita de matrícula, por favor llame el 773-573-6936 www.TuesdaysChildChicago.org

“Tuesday’s Child nos ayudó a cambiar nuestras vidas y esto es un sueño hecho realidad para nuestra familia.”



Un Futuro Nuevo

“Cuando asistimos a Tuesday’s Child, nuestro mundo cambió. A los niños les gustaron inmediatamente la clase y los maestros. Mi marido y yo empezamos a usar en casa las técnicas de estructura y disciplina de Tuesday’s Child y dichas técnicas hicieron una diferencia enorme en nuestros hijos. También comenzaron terapia del habla, la cual transformó su manera de hablar de solo gruñir unas pocas palabras a hablar correctamente e incluso cantar canciones.

Nuestros hijos están ahora en preescolar y su primer día de clase fue muy fácil. Cuando entraron en su escuela por primera vez, los dos se sentaron con un rompecabezas mientras los otros niños lloraban y estaban pegados a sus padres. Sé que este comportamiento excepcional es gracias a Tuesday’s Child. Nuestros hijos todavía reciben servicios de Tuesday’s Child y están cada día mejor preparados para la escuela y el éxito a largo plazo.”

- Graduada de Tuesday’s Child

Matricúlese Hoy

Para recibir más información o para hacer una cita de matrícula, por favor llame el (773)573-6936.

www.TuesdaysChildChicago.org

Sobre Tuesday’s Child

Declaración de la misión

Tuesday’s Child permite a las familias desarrollarse a través de la capacitación positiva de los padres, incluyendo salones de clase terapéuticos y servicios de apoyo. Nuestro modelo ya comprobado repercute en la casa, la escuela y la comunidad.

Historia

Fundado originalmente en 1981 en el hospital Children’s Memorial, Tuesday’s Child es ahora una organización sin fines de lucro, 501(c) (3), que ha brindado servicios de alta calidad por más de 35 años.

Metas

En Tuesday’s Child los padres aprenden lo siguiente:

- Manejar las rabietas, cuando los niños pelean y pelean con los hermanos.
- A manejar de manera exitosa la rutina diaria incluyendo la hora de comer y dormir.
- Preparar a los niños para que tengan éxito en la escuela.

En Tuesday’s Child los niños aprenden lo siguiente:

- Interactuar de manera apropiada con otros niños
- Poder manejar situaciones variadas
- Reconocer los límites y seguir las instrucciones
- Cumplir con las rutinas diarias



SCAN ME



Tuesday’s Child

tel: (773)573-6936 | fax: (312)284-1696

www.TuesdaysChildChicago.org



Tuesday’s Child

Expertos en manejar los problemas de conducta



Tuesday’s Child ayuda a las familias a tratar los problemas de conducta a través de la capacitación individualizada para padres e hijos.

Sirviendo familias con niños de 18 meses a 6 años de edad.

www.TuesdaysChildChicago.org



SCAN ME



Home Visiting Program

Programa Basado en Casa



Currently Offering In-person/Virtual Services Temporalmente Ofrecemos Servicio En persona/Virtual

This **free** bilingual program is for **pregnant women and families** with children **ages birth - 3 years**

Este programa bilingue y **gratuito** es para **mujeres embarazadas y familias** con niños **desde el nacimiento - los 3 años**

Includes

Two monthly home visits

1 monthly parent group

Focuses on child development, strengthening the parent-child relationship, behavior, developing school readiness skills

Connects families with community resources

For more information, contact Letty at 773.230.0227 or lperez@tuesdayschildchicago.org

Incluye

Dos visitas en casa al mes

Reunión de padres una vez al mes

Se enfoca en el desarrollo del niños, la relacion entre padre e hijo, comportamiento y las herramientas para estar listo para comenzar la escuela

Conecta a las familias con recursos de la comunidad

Para mas información llame a Letty al 773.230.0227 o lperez@tuesdayschildchicago.org

773.573.6936

www.tuesdayschildchicago.org



Tuesday's Child



FAMILIAS FELICES


Este programa esta disponible para las familias que tienen niños 18 meses a 7 años en nuestra comunidad.

Nuestras técnicas comprobadas de intervención pueden transformar su hogar y ayudar a su hijo/a a construir una base sana para prosperar en cualquier ambiente escolar o social.

Este taller les ayudará a resolver problemas como:

- ✓ “¿Qué hacer para que los niños dejen de discutir?”
- ✓ “¿Qué hacer cuando mi niño de 3 años me pega?”
- ✓ “Preparándolos en la mañana para salir de casa”
- ✓ “Preparándolos para la hora de dormir”

**Para más información
pregunte por Leticia Pérez**

 (773)-230-0227

 lperez@tuesdayschildchicago.org

www.tuesdayschildchicago.org

3633 N. California Ave. Chicago, IL



Ages 3-5

**YOUR CHILD CAN REACH
THEIR POTENTIAL**

**Behavioral & Social
Support**

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Family Partnerships

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Registration at www.TCScholars.org

**3633 N. California Ave.
Chicago, IL 60618**

(773)-573-6936

