

# 4 mile, 2.5 hour Hike Option—LaSalle Canyon Destination



You are at the Visitor Center : 

**Walking Distance ROUND TRIP:** 4 miles

**Difficulty:** Moderate to Difficult with 9 staircases. 1/4 of trail paved, 3/4 sandstone, dirt, or sand mixture.

**Walking Time:** 2.5 - 3 hours

**This is the second loop out of two trail loops visitors can utilize within the trail system at the park. The other loop option is to Wildcat Canyon and back to the Visitor Center.**

**Start:**

**Follow the brown directional signs** posted along the sidewalk that runs from the parking lot past the Visitor Center and out to each location listed on the map. Maps, signs, and trail markers are posted at every trail intersection and parking lot at the park.

Start at the Visitor Center and follow signs in order as they appear listed below. **Return on the RED MARKED RIVER TRAIL: Wildcat Canyon to Eagle Cliff to Lovers Leap Overlooks to Visitor Center .**

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|  Visitor Center Sidewalk    |  French Canyon (WATERFALL)  |
|  Wildcat Canyon (WATERFALL) |  Sandstone Point            |
|  Lonetree Canyon            |  LaSalle Canyon (WATERFALL) |