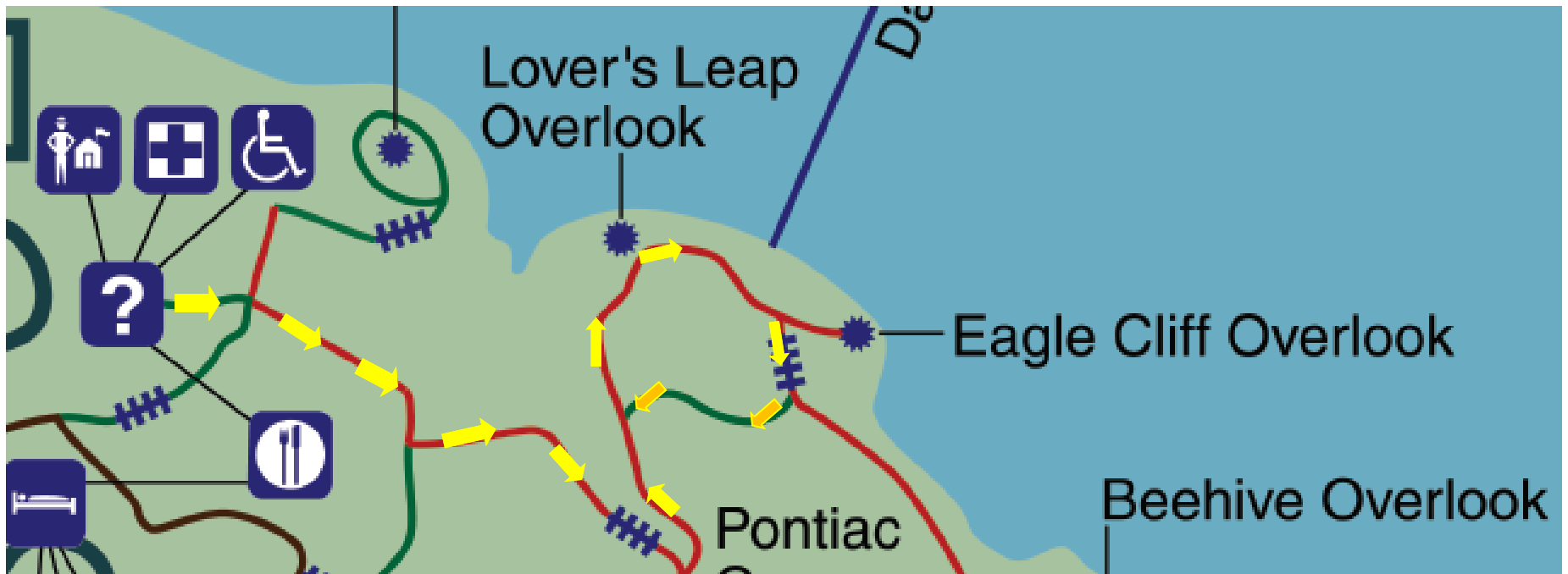


Lovers Leap and Eagle Cliff Overlook Trail



Distance from ? Visitor Center : 1.6 miles roundtrip.

Difficulty: Easy (1 large staircase out). Partially paved.

Walking Time: 1 hour

Trail Tidbits:

The large wooden staircase leading from French Canyon Cove to the top of the Red River trail is called “Jacobs Ladder” named after a spring wildflower found in woodland areas throughout Illinois. Look for trees along the boardwalk with tiny holes pecked in uniform order. This is evidence of yellow bellied sapsuckers (members of the woodpecker family) at work! Take a moment to stop and read the informational interpretive panels at each deck/platform along the overlooks. The rock outcrops along the overlooks contain a variety of specific wildflowers and plants that thrive in sandy as well as rocky areas. The overlooks provide one of a kind viewing of the Illinois River including waterfowl, white pelicans, and bald eagles.