Emergency Supply Kit Checklist

(Note: If you’re just starting your emergency supply kit, try to focus on the first five items along with special items needed for others in your household. Add to your kit as you are able.)

General preparedness items:

☐ Water (one gallon per person/day for three days)
☐ Non-perishable food (three-day supply of ready-to-eat canned and other foods that require no refrigeration or cooking) and non-electric can opener, utility knife
☐ Flashlight (include extra batteries)
☐ First aid kit (assorted bandages, antiseptic, aspirin or non-aspirin pain reliever, antacid, anti-diarrhea medication, etc.)
☐ Battery-operated radio (include extra batteries)
☐ Extra battery/external charger for cell phone
☐ Copies of important family documents (insurance policies, passports, social security cards, etc.) stored in a waterproof bag or container
☐ Personal care supplies (contact lens, dental, etc.)
☐ Face covering for each member of your family
☐ Hand Sanitizer, Disinfecting Wipes

Families with infants include:

☐ Special dietary needs (formula, baby food, powdered milk)
☐ Diapers
☐ Bottles
☐ Games, toys and other comfort items

Families with members with disabilities or functional needs include:

☐ Prescription medications and other health supplies
☐ Comfort items to alleviate the stress

Families with pets include:

☐ Three-day supply of pet food and water
☐ Copies of pet registration, vaccinations and other important documents
☐ Photo of your pet in case you are separated during an emergency
☐ Collar with ID tag, harness or leash
☐ Crate or other pet carrier in case of evacuation
☐ Toys, treats or other comfort items