You’ll teach me that it’s OK to ask questions.

I want you to take your own advice. Find out what Illinois Family Connects has to offer.

Illinois Family Connects is available to Stephenson County families who deliver at FHN Memorial Hospital.

Learn more by phone or online:
815-801-4435
www.ILfamilyconnects.org
ILfamilyconnects@aeroinc.net

Illinois’ NEWBORN HOME VISITING PROGRAM
Growing Healthy Babies
CONGRATULATIONS on your NEW BABY!

AS A STEPHENSON COUNTY FAMILY who delivers their baby at FHN Memorial Hospital, you are eligible for a free in-home nurse visit courtesy of Illinois Family Connects.

Illinois Family Connects supports parents like you by bringing health providers, community resources and families together. Our mission is to connect you with resources that nurture your whole family and support your child’s growth.

It’s about planting seeds for the future. Together, we’re growing healthy babies and making a more prosperous Illinois.

Since I don’t come with an instruction manual, Illinois Family Connects fills in the gaps.

What can ILLINOIS FAMILY CONNECTS do for you?

Having a new baby affects many areas of a family’s life. Illinois Family Connects nurses are trained to answer all kinds of questions and are knowledgeable about the wealth of resources in our community. Here are a few examples of how an Illinois Family Connects nurse can address your family’s needs:

- Baby weight check
- Safe sleep information
- Management of infant crying
- Mom health check
- Financial resources
- Breast or bottle feeding help
- Postpartum depression screening
- Playgroups & parent support groups
- Understanding of childcare options
- Early literacy information
- Understanding of new family dynamics
- Family planning advice
- Back-to-work support
- Scheduling appointments
- Help with bathing, diapering & swaddling
- Healthy home connections

THREE WEEKS visits are scheduled around 3 weeks after your baby’s birth.

NO COST TO RECIPIENTS. As an eligible recipient, you will not be charged.

REGISTERED NURSE. All visits are made by highly-trained nurses.

FOR ALL. Helping all families, regardless of income or background.

Research shows that when families use the Family Connects program, mothers feel less anxious, they learn about quality childcare options available to them, and their babies need less emergency care at hospitals. This all adds up to an enormous, positive impact on the community.

Growing a healthy Illinois

When implemented in other counties, every dollar invested in the Family Connects program saved $3.02 in emergency health costs for the community.

Our Community Partners

- Governor’s Office of Early Childhood Development
- Illinois State Board of Education
- FHN
- The Ounce
- igrow